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CREATIVE CULTURE

Make Your Own Rules

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Groundbreaking Women

Marin Living is honored to feature the most influential women and women-owned businesses. These outstanding women have proven to be pioneering forces in their industries. They break through boundaries and provide dynamic services, products and community connection that sets them apart in their fields.





Karen M. Horton M.D. and Emily Sespaniak N.P.

San Francisco Plastic Surgery

A new surgery center offers the most up-to-date operating room in the Bay Area.

What is it about your business that makes it groundbreaking?

All-woman medical practices are a rarity, even more so in the Plastic Surgery world. I am an internationally Board-Certified Plastic Surgeon, and along with Aesthetic Nurse Practitioner, Emily Sespaniak, offer expertise in all things beauty, from non-surgical cosmetic injectables and laser skin rejuvenation treatments to state-of-the-art aesthetic surgery. Following a three-year renovation, our brand-new Pacific Heights office is now open for business. It includes multiple treatment rooms, tons of natural light, a view of the Golden Gate bridge and a AAAASF-accredited operating room where I will be performing outpatient aesthetic surgery.

What makes women so effective at business and customer relations?

Who knows women's beauty concerns, desires and fears better than another woman practitioner? While we do treat men, the majority of our patients are other women, our peers. We treat professional women, Marin moms and fabulous ladies with all skin tones and of all ages who wish to be their best self and to age gracefully.

Are you doing anything special to nurture and inspire the next generation of female business leaders?

I lecture on social media and aesthetic surgery at national Plastic Surgery conferences and serve as a mentor to other aspiring women surgeons.